



# CATHOLIC CAMPUS MINISTRY

*at Christopher Newport University*



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## ON THE ROAD TO EMMAUS

by Sam White '20



"This spring break, 7 other CCM students and myself went on a trip to Kentucky to do service for the less fortunate. We stayed at a place called the Emmaus Farm that embraced four cornerstones; simplicity, prayer, community, and service. I found all four of these to be very impactful throughout my week at the farm and something I will be working to bring back to my daily life. Simplicity and community were two of the cornerstones that I felt really changed my view of what we consider to be necessities of life.

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Sam and Sean Cuskelly '20 work with Mateo from Wheeling Jesuit University to make bread for the week

**"Many would often say 'I love you' even if you had just met them..."**

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There were no cell phones and no ways of keeping time. It did seem strange at first, but it was really very liberating and brought our group closer together. It was such a great bonding experience just being so present with those people and really connecting as a group.

Getting into the community and meeting the people who have lived in Appalachia all of their life was also a great way to learn about the community and life in an area people can often overlook. They were all so welcoming, and many would often say "I love you" even if you had just met them. Overall this trip was a great experience and something I definitely look forward to doing in the future.

# Welcome, New Team!



SCOTT DURANT '20

REGAN FLIEG '21

*"I am so thankful for the opportunity to serve CCM as President, and I'm looking forward to helping lead the community that has been a big part of my life the past three years."*

-Scott

*"I'm excited to serve the CCM team and community as Vice President next year and look forward to helping all of its members grow in faith and friendship!"*

-Regan



## MARCHING FOR LIFE

by Anna Johnson '22

I was raised really close to Washington, D.C., and I've been going to the March for Life for as long as I've been able to. Before I was old enough to vote, attending the March was the only thing I could do to show our government that the pro-life movement is not fading away, but is rather being carried on by our nation's young people.

I'm a freshman, so to be able to march with my fellow Captains made me even more proud of our university. But what touched me most about this year's March was not that it made me proud of our university and our country (though it did), but rather that it made me proud to be Catholic.

Our Church has been suffering in the past year, but to walk with other Catholics, to see young seminarians singing Ave Maria and church groups with pregnant women small children marching, and to hear the Hail Mary softly behind all the shouting and music was to see the hopeful future of not only the pro-life movement, but the Church itself.

# GIVE ONLINE!

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Every gift makes a difference.



# SENIOR YEAR; REFLECTIONS ON MY TIME AT CNU



*Victoria and Alanna Morgan at the first Sunday Mass of the 2018-2019 School year as President and Vice President of CCM*



*Vic and the women of CCM enjoying a BBQ lunch with Sister Emily from the Daughters of St. Paul*



*Hannah Majchrowitz '18, Devin Riley '17, and Victoria enjoying the last day of the 2016 Beach Retreat*

*by Victoria Garcia '19*

As I enter into my final days as student at CNU, I wholeheartedly say that I have been extremely blessed to have been a part of the CCM community. When I received my acceptance to CNU in the mail senior year of highschool, I was unsure of my decision to attend the small school in Newport News, Virginia. Now, I realize God led me not only to an academically fulfilling university, but a community where I could deepen our relationship and enter into relationship with so many other Catholic students.

As a freshman, my role in CCM was one of learning. I established key friendships setting the foundation for a deeper relationship with Christ. Sophomore year, many personal things in my life changed rapidly, leaving me seemingly drowning in the tide of the university. Because of my key friendships in the community and their inspired encouragement, I was able to hold onto the rock that is Christ and trust in the unforeseen direction my life was going. Junior year, I found I had more confidence to serve the community in the ways many upperclassmen had served me. Even while studying abroad in the spring, I felt a deep connection to the community and my desire to serve the Lord through ministry grew.

This year, after serving as President of CCM, I have the confidence to go forward with what I have learned and experienced from this community. Compared to my freshman year, I have not only grown spiritually but also witnessed radical spiritual growth within this beautiful community. As my life has been transformed through Christ in this community, so I hope future students allow their lives to also be changed. CNU CCM will always house a special place in my heart and I pray after I graduate many other students will open their hearts to the love of Christ reflected in the many participants of CCM.





CATHOLIC CAPTAINS  
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